# Using Teams with a screen reader and keyboard

## Downloading the app

Keyboard shortcuts are available on the MS Teams app only. They aren’t available when you use Teams within a web browser. If you want to use keyboard shortcuts we recommend [downloading the MS Teams application](https://www.microsoft.com/en-gb/microsoft-teams/download-app). The app is free.

## Turning on your camera

It’s up to you if you’d like to turn your camera on during the session. These are the keyboard shortcuts:

Apple: Command + Shift + O

PC: Control + Shift + O

## Sharing your screen

So, we can understand your experience using our website we will ask you to share your screen.

### How to share your screen from a computer

1. On the Teams app go to ‘Share content’. The keyboard short cut is:

Apple: Command + Shift + E

PC: Control + Shift + E

1. So that we can hear the screen reader (if you use one), select ‘Include computer sound’ or ‘Share device audio’
2. Next press enter in the 2nd box along in that section
3. Select ‘screen’ which should share the screen.

### How to share your screen from an iPhone

1)    Select ‘More calling options’ (Option, option, More)

2)    Then select ‘Share’

3) Second option is ‘Share screen’.

4)    Double tap and hold on this to click on the link that says Start broadcast